



Illness Procedures:

It is our duty to encourage and promote good health and hygiene for all the children in our care. This includes monitoring the children for signs and symptoms of infectious diseases, eg. measles, mumps, meningitis, diarrhoea, sickness and high temperatures of above 38c/98.4f. If a member of staff suspects that a child may have an infectious illness then the Manager will be informed immediately. No child should be sent home from the after school childcare service without the knowledge/consent of either one of the above mentioned.

A senior member of staff will contact the parent if it is necessary for their child to be collected.

An infectious illness is one that can be passed onto others, and we have a duty to prevent the spread of infections and to promote health and hygiene at all times to children and parents/carers.

The manager/owner must be convinced that the child has returned to good health before re-admitting them to the after school childcare service.

IN THE CASE OF SICKNESS AND DIARRHOEA THE CHILD SHOULD NOT RETURN FOR 48 HOURS AFTER THE LAST BOUT OF SICKNESS OR DIARRHOEA. IF ANTIBIOTICS OR ANY OTHER MEDICATION HAVE BEEN PRESCRIBED BY THE DOCTOR FOR AN INFECTION OR VIRUS THEN THE CHILD SHOULD NOT RETURN TO NURSERY 24 HOURS AFTER THE FIRST DOSE OF MEDICATION.

In the case of a serious illness occurring then the parent will be contacted immediately, along with any medical help (ambulance) In the event of the parent/carer or emergency contact not being available, a senior member of staff will assume charge and if necessary take the child to hospital along with the child's personal details and signed consent forms.

Advised minimum exclusion periods for some of the more common ailments

Disease	Incubation Period	Period when infectious	Exclusion Period of infected person
Chicken Pox	11-21 days	1 – 2 days before to 5 days after spots develop	For 5 days from onset of rash or until spots have “scabbed over”
Conjunctivitis	Varies	Whilst eye is red & discharging	Until eyes have recovered and discharge has stopped.
Diarrhoea & vomiting	Varies	Whilst having symptoms of diarrhoea and/or vomiting	Until symptom free for 48 hours.
Fifth disease (Slapped Cheek)	4-20 days	Before the rash appears	Until clinically well.
Hand, foot & mouth disease	3-5 days	From 2-3 days before to a few days after the appearance of rash	Until clinically well. The presence of a rash does not indicate infectivity.
Head Lice	Eggs hatch in 7-10 days	Whilst lice or eggs remain alive on host	Exclusion is unnecessary as long as child has been treated.
Impetigo	4-10 days	Whilst lesions present	Until lesions crusted or healed.
Measles	7 – 14 days	From a few days before to 4 days after the appearance of the rash	5 days from onset of rash.
Mumps	12 – 25 days	From 6 days before to 9 days after onset of illness	5 days from onset of swollen glands.
Ringworm	10-14 days	Whilst active lesions present	Until 1 week after treatment unless lesions are covered.
German Measles (Rubella)	14-21 days	7 days before to 5 days after onset of rash	5 days from onset of rash.
Scarlet fever	1 -3 days	Day sore throat starts to 24 hours after commencing antibiotics	Five days from commencing antibiotics.
Threadworms	2 – 6 weeks	Whilst eggs still being produced.	None. Treatment advised.